

READ FREE PRACTICAL GUIDE TO FEMALE PELVIC MEDICINE

Practical Guide to Female Pelvic Medicine

Pelvic floor disorders affect a large proportion of women worldwide. This book is a highly practical guide highlighting all the varying forms of such problems. Included are chapters on the pathophysiology of the female pelvic floor, the evaluation and diagnosis of problems, the practical management of symptoms, and the complications that can arise from surgical and medical treatment.

Between the Hips

This compassionate guide crushes pelvic health myths from adolescence to elderhood. Including practical solutions with over fifty illustrations, eighty citations, a robust index, and a recommended resources section, this book will empower women.

Practical Guide to Office Procedures in Gynecology and Urogynecology

This ideal and quick reference book is written in a reader-friendly style by accomplished experts in their field. The book is directed to women's health professionals who currently perform, or wish to perform gynecologic and urogynecologic procedures in the office. You will find this text to be comprehensive and current with great images and useful tools. This is one of the only books that present all pertinent information on office procedures in gynecology and urogynecology in a concise and easy-to-read manner. With this book in hand you will be able to build your confidence and understanding of procedures, with chapters that cover the most widely performed gynecologic and urogynecologic office interventions. Understand the legal and safety issues that are encountered in the office. Learn procedural protocols from the experts. Obtain clinical pearls which provide a useful summary of the most important points in each chapter. Access tables with CPT codes for all the procedures described."

Practical Guide to Oral Exams in Obstetrics and Gynecology

This book, based on non-interactive question-and-answer format, offers an essential guide for medical students who need to prepare for oral exams or clinical visits. Starting from specific clinical situations the volume provides clear questions on the theory related to the cases. Each question is followed by correct answers that summarize the main information. Suggested reading are included to deepen the topics and enhance the readers knowledge. Accordingly, this practical guide will help students get ready for their oral exams, and help prepare young residents for their first clinical cases.

Female Urology

This comprehensive and innovative volume offers a hands-on reference for the management of challenging disorders of the female lower urinary tract. The volume features scenario presentations in which a patient presentation is described and followed by two experts in the field reviewing work-up and management of the problem. Novel techniques for the treatment of voiding dysfunction are provided.

Sex- and Gender-Based Women's Health

This book provides primary care clinicians, researchers, and educators with a guide that helps facilitate comprehensive, evidenced-based healthcare of women and gender diverse populations. Many primary care training programs in the United States lack formalized training in women's health, or if they do, the allotted time for teaching is sparse. This book addresses this learning gap with a solid framework for any program or individual interested in learning about or teaching women's health. It can serve as a quick in-the-clinic reference between patients, or be used to steer curricular efforts in medical training programs, particularly tailored to internal medicine, family medicine, gynecology, nursing, and advanced practice provider programs. Organized to cover essential topics in women's health and gender based care, this text is divided into eight sections: Foundations of Women's Health and Gender Based Medicine, Gynecologic Health and Disease, Breast Health and Disease, Common Medical Conditions, Chronic Pain Disorders, Mental Health and Trauma, Care of Selected Populations (care of female veterans and gender diverse patients), and Obstetric Medicine. Using the Maintenance of Certification (MOC) and American Board of Internal Medicine blueprints for examination development, authors provide evidence-based reviews with several challenge questions and annotated answers at the end of each chapter. The epidemiology, pathophysiology, evaluation, diagnosis, treatment, and prognosis of all disease processes are detailed in each chapter. Learning objectives, summary points, certain exam techniques, clinical pearls, diagrams, and images are added to enhance reader's engagement and understanding of the material. Written by experts in the field, Sex and Gender-Based Women's Health is designed to guide all providers, regardless of training discipline or seniority, through comprehensive outpatient women's health and gender diverse care.

Advances in Female Pelvic Medicine and Reconstructive Surgery, An Issue of Obstetrics and Gynecology Clinics, Ebook

In this issue of Obstetrics and Gynecology Clinics, guest editor Rebecca G. Rogers brings her considerable expertise to the topic of Advances in Urogynecology. Provides in-depth, clinical reviews on Advances in Urogynecology, providing actionable insights for clinical practice. Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field; Authors synthesize and distill the latest research and practice guidelines to create these timely topic-based reviews.

Therapeutic Management of Incontinence and Pelvic Pain

This 2nd revised edition covers management and treatment of bladder and bowel dysfunctions in men and women, pelvic organ prolapse, issues concerning the elderly, neurologically impaired patients and those with pelvic pain. New chapters cover quality of life, treatment of bladder and bowel dysfunction in children, the history of pelvic floor muscle exercise and manual therapy. The use of real-time ultrasound to evaluate pelvic floor muscle contractility is discussed, and a new section covers ethical issues in the management of incontinence. This is a useful reference and practical guide for health professionals dealing with incontinence and pelvic floor disorders.

Ostergard's Textbook of Urogynecology

Now totally revised and rewritten for today's female pelvic medicine and reconstructive surgery practice, Ostergard's Textbook of Urogynecology: Female Pelvic Medicine & Reconstructive Surgery, 7th Edition, offers comprehensive guidance on all aspects of this complex field. Drs. Ali Azadi, Jeffrey L. Cornella, Peter L. Dwyer, and Felicia L. Lane bring you up to date with current diagnosis and treatment of all female pelvic floor dysfunctions, including urinary incontinence and other lower urinary tract conditions, disorders of the anus and rectum, and disorders of pelvic support. Thorough updates include revised and rewritten content throughout, new full-color illustrations, new surgical videos, new chapters on current clinical topics, and much more.

Chronic Pelvic Pain

A new addition to the Gynecology in Practice series, Chronic Pelvic Pain provides a practical guide to diagnosing and treating chronic pelvic pain in women. Emphasizing diagnosis, management and psychological aspects, the book assists gynecologists to better care for their patients suffering from this condition. As a part of the series, various feature boxes are highlighted throughout. "Tips and Tricks" give suggestions on how to improve outcomes through practical technique or patient questioning. In addition, "Caution" warning boxes supply helpful advice on how to avoid problems and "Science Revisited" boxes offer quick reminders of the basic science principles necessary for understanding the presented concepts.

Urogynecology in Primary Care

This book offers an approachable, in-depth reference on the core topics in urogynecology and female pelvic health - incontinence, pelvic prolapse, pelvic pain and sexual dysfunction - specifically tailored to clinicians without formal surgical or specialty training. Each aspect of diagnosis and treatment is presented in a clear and simple style, introducing streamlined strategies that can be implemented in any primary care setting. Original illustrations, key points at the end of each chapter, and 'clinical pearls' from experts in the field all help to make this the most practical and user-friendly guide available.

The Female Pelvic Floor

This unique book brings together authors from many disciplines to focus on female pelvic floor problems, including the diagnosis and nonsurgical and surgical treatment of urinary and fecal incontinence, difficulties with defecation or urination, prolapse, and constipation. -- A practical guide written by clinicians who care for patients every day -- Information on nonsurgical management of urinary incontinence, vital for perioperative treatment of these patients -- New descriptions of the diagnosis and management of the posterior vaginal wall and anal sphincter, including anal ultrasound -- Covers surgical and nonsurgical treatment of prolapse disorders, including cystocele, rectocele, enterocele, and rectal prolapse -- Includes the perspective of the gynecologist, urologist, colon and rectal surgeon, and others -- Useful for clinicians, students, residents, and fellows

Practical Obstetrics and Gynaecology Handbook for O&G Clinicians and General Practitioners

This handbook provides an evidence-based approach to common obstetrics & gynaecological problems faced by O & G clinicians and general practitioners in their daily practice. It is the only book available with current evidence-based recommendations and protocols in O & G. Compiled by experienced experts, this new edition contains 24 new chapters. The existing chapters have been updated using the latest evidence. The authors have included multiple flow charts and detailed practical approaches to various gynaecology and obstetric issues. The book will be a valuable and quick practical guide to everyone — not only to general practitioners and O & G clinicians, but also to medical students and resident doctors. Topics like "Approach to Ectopic Pregnancy" and "Pelvic Inflammatory Disease" will provide invaluable guidance to even emergency medicine doctors. Contents: Obstetrics: Pre-Conception Preparation Routine Antenatal Follow-Up Vaccination in Pregnancy Approach to Bleeding in Early Pregnancy Approach to Spontaneous Miscarriage Approach to Recurrent Spontaneous Miscarriage (RSM) Approach to Abdominal Pain in Pregnancy Obstetric & Gynaecological (O&G) Causes of Abdominal Pain in Early Pregnancy Obstetric & Gynaecological (O&G) Causes of Abdominal Pain in Late Pregnancy Non Obstetric & Gynaecological (Non O&G) Causes of Abdominal Pain in Pregnancy: Simple Approach by Site of Pain Non Obstetric & Gynaecological (Non O&G) Causes of Abdominal Pain in Pregnancy Approach to Ectopic Pregnancy (EP) Approach to Gestational Trophoblastic Disease (GTD) Termination of Pregnancy (TOP) Medical Disorders and Potential Risk Factors in Pregnancy Multiple Pregnancy Infections in Pregnancy Skin Disorders in Pregnancy Approach to Depression in Pregnancy Medications in Pregnancy and Lactation Approach to

Postnatal Problems Lactation and Breastfeeding Frequently Asked Questions on Pregnancy Investigations in Obstetrics: Routine Antenatal Blood Investigations and Infective Screening Approach to Prenatal Screening for Thalassemia Miscellaneous Antenatal Blood Investigations Screening for Chromosomal Defects Prenatal Invasive Diagnostic Tests Ultrasonography and Foetal Doppler in Obstetrics Approach to Screening Scan Foetal Abnormalities Laboratory Values in Normal Pregnancy An Overview of Serum Human Chorionic Gonadotropin (HCG) Gynaecology: Amenorrhoea Abnormal Uterine Bleeding (AUB) Adolescent Abnormal Uterine Bleeding (AUB) Premenstrual Syndrome (PMS) Dysmenorrhoea Chronic Pelvic Pain (CPP) Polycystic Ovarian Syndrome (PCOS) Approach to Gynaecological Cancers Pap Smear Screening and Management of Abnormal Pap Smears Post Coital Bleeding (PCB) Human Papilloma (HPV) Vaccines and HPV Testing — Salient Facts for Clinical Practice Vulvar and Vaginal Lesions Post Menopausal Bleeding (PMB) Thickened Endometrium Polyps (Cervical/Endometrial) Fibroid Endometriosis and Adenomyosis Ovarian Cyst Pelvic Organ Prolapse (POP) Voiding and Urinary Disorders Vaginal Discharge and Recurrent Vulvovaginal Candidiasis Pelvic Inflammatory Disease (PID) Sexually Transmitted Infections (STI) Oral Hormonal Contraception Non-Oral Contraception/Contraception for Lactating Mothers Choice of Contraception Contraception in Patients with Medical Conditions and Drug Interactions Intrauterine Contraceptive Device (IUCD) and Associated Dilemmas Emergency Contraception Menopause Osteoporosis Hormone Replacement Therapy (HRT) Subfertility, Semen Analysis and Management of Azoospermia Approach to Hyperprolactinaemia Approach to Galactorrhoea Sexual Dysfunctional Problems Mammogram, Breast Ultrasound Scan and Breast Biopsy Breast Cancer Screening Investigations in Gynaecology: Ovarian Tumour Markers Female Hormonal Profile Imaging Modalities in Gynaecology Role of Interventional Radiology (IR) in Obstetrics and Gynaecology Readership: O&G clinicians, general practitioners, medical students and the interested public.

Keywords: Obstetrics; Gynaecology; O&G Clinicians; General Practitioners **Key Features:** It is evidence based, compiled by experienced experts **Reviews:** Reviews from the First Edition: “Practical Obstetrics & Gynaecology Handbook for the General Practitioner is an essential reading textbook for primary-care doctors and graduate doctors preparing for their post-graduate degrees or diplomas in Family Medicine. The practising general practitioner or family physician will be able to find ready answers to the problems they face during difficult consultations in obstetrics & gynaecology. Practical Obstetrics & Gynaecology Handbook for the General Practitioner is a must-have Desk Reference Book for the busy general practitioner. I congratulate the authors for this much-needed and long-awaited book which will upgrade the practice of obstetrics and gynaecology by general practitioners.” Lim Lean Huat Adjunct Associate Professor, National University of Singapore Past President, College of Family Physicians “This is a book of concise, up-to-date, evidence-based knowledge for the busy family physician. In the pages are the must-know information on 11 topics of obstetric care, 5 topics of investigations in obstetrics, 28 topics of gynaecological care, and 6 topics on investigations in gynaecology. Keep it by your side in the consultation room.” Goh Lee Gan Associate Professor, National University of Singapore Chief Examiner, MMed (Family Medicine) (Singapore) 2005 “Practical Obstetrics & Gynaecology Handbook for the General Practitioner is written clearly and concisely. It covers the spectrum of common conditions that are likely to present to the family practitioner and provides a simple review with key points on management of these conditions. The liberal use of tables and charts makes it very useful as a quick reference handbook in busy clinics. KK Women's and Children's Hospital continues to have the highest patient load in Obstetrics and Gynaecology in Singapore. As the national hospital for women, it is indeed appropriate that such a practical handbook be published under its auspices. The authors are very experienced in the field and must be heartily congratulated for this laudable publication.” Ivy Ng Clinical Associate Professor, National University of Singapore Chief Executive Officer, KK Women's and Children's Hospital “I will strongly recommend this handy up-to-date book for the busy GP who will be advised on first hand practical management, referral criteria & guidelines and additional information counselling for the patient on the probable actions by OBGYN after referral. It deserves a place in any Singapore GP practice clinic desk and in my OBGYN clinic as well. I would echo strongly that it is a much needed and long awaited book for the General Practitioner.” Dr Tan Kok Hian Editor, Singapore Journal of Obstetrics and Gynaecology Associate Editor, Singapore Medical Journal “It is an excellent book that answers the everyday questions that general practitioner will ask in their clinical practice. This is a handbook that I would thoroughly recommend to all GPs. The concise nature of the text makes it easy for busy clinicians to refer to.” Annals Academy of Medicine, Singapore “Practical Obstetrics and Gynaecology

Handbook for the General Practitioner is an update and concise reference book. The authors have presented the subject material in both obstetrics and gynecology in an evidence-based fashion and used tables and diagrams to provide the practitioner with logical algorithms to basic and complex problems. The authors should be congratulated on for providing this outstanding textbook which can become a leading desk reference for the busy clinician and trainee.” Professor Haywood L Brown Chair Obstetrics and Gynaecology, Duke University Medical Center “Practical Obstetrics and Gynaecology Handbook for the General Practitioner is a landmark publication on Obstetrics and Gynaecology, which will no doubt go down in history as one of the must-have, widely-read, Singapore-published medical references.” Singapore Medical Journal, Singapore

Urodynamics and the Evaluation of Female Incontinence

A practical primer for physicians wanting to learn about simple and complex urodynamic testing. The clear, concise workbook structure allows for quick reference to multichannel urodynamic tracings and their interpretation. Brief but thorough discussion of the underlying theory and concepts behind urodynamic testing enable readers to gain a firm grasp of the implications of test results in individual patients. It provides an understanding of all the techniques used for the evaluation and treatment of the incontinent or lower urinary tract dysfunctional female patient, and also includes a quick reference guide to outpatient treatment. In contrast to other didactic texts, this book allows readers to initiate testing programs and will thus be of practical benefit to all those interested in improving patient care.

Female Pelvic Medicine

This book is designed as a guide for management of advanced clinical scenarios encountered by the contemporary pelvic floor surgeon. It is organized by pelvic floor disorder (PFD) and covers the evaluation and treatment of urinary incontinence, fecal incontinence, and pelvic organ prolapse. Opening chapters in each section cover the fundamentals of proper and comprehensive assessment of patient PFDs, as well as the treatment options that are available for each disorder. The book then focuses on more complex and challenging situations that are becoming more frequently encountered as the number of patients being treated for PFD increases and the length of patient follow-up grows. Each chapter finally includes an expert commentary to address these new scenarios and offers a shifted approach from that required for treatment-naïve patients. Female Pelvic Medicine: Challenging Cases with Expert Commentary teaches the reader how to approach the most difficult of clinical situations in a multidisciplinary fashion.

Therapeutic Management of Incontinence and Pelvic Pain

This 2nd revised edition covers management and treatment of bladder and bowel dysfunctions in men and women, pelvic organ prolapse, issues concerning the elderly, neurologically impaired patients and those with pelvic pain. New chapters cover quality of life, treatment of bladder and bowel dysfunction in children, the history of pelvic floor muscle exercise and manual therapy. The use of real-time ultrasound to evaluate pelvic floor muscle contractility is discussed, and a new section covers ethical issues in the management of incontinence. This is a useful reference and practical guide for health professionals dealing with incontinence and pelvic floor disorders.

Vaginal Surgery for Incontinence and Prolapse

This book provides the most up-to-date and comprehensive information on vaginal anatomy and physiology. It offers practical guidelines for office evaluation of incontinence and prolapse, and a series of detailed chapters on reconstructive procedures for urinary incontinence, fecal incontinence and prolapse. There are 120 illustrations to enhance the text. This book is for urological and gynecological surgeons involved in training or currently delivering surgical care to women with pelvic floor dysfunction. It succeeds in bringing together established and new practices in this fast emerging field.

Around the Globe for Women's Health

In the increasingly globalized twenty-first century, cross-cultural communication and knowledge of culturally informed health practices are critical skills for women's health providers. *Around the Globe for Women's Health* is a concise, culturally sensitive, and clinically relevant guide that aims to increase health equity through prevention and improved clinical care for women around the world. Case-based chapters highlight clinical issues (such as obstetric fistula, malaria, and postpartum hemorrhage) and barriers to care (the unmet need for family planning, or limited radiotherapy in low-resource countries, for example). *Around the Globe for Women's Health* is a must-have resource not just for physicians considering working in another country, but all providers seeking to provide better care for diverse populations of women within the United States.

Women's Health

Provides guidance on diagnosis, treatment and further investigation on common women's conditions. This book presents various conditions such as menstrual, hormonal, sexual, breast, urinary, pregnancy, or weight related, with the symptoms listed alphabetically. It is useful for healthcare professionals, doctors and nurses.

Obstetrics in Family Medicine

This book surveys the normal obstetrics encountered in primary care and serves as a practical guide to the evaluation and management of common prenatal, peripartum and postpartum complications. Thoroughly revised and updated, *Obstetrics in Family Medicine, Second Edition*, addresses the major issues and problems related to each stage and outlines management protocols. It provides critical information about physical and ultrasound examinations, laboratory tests, drug toxicities, and screening techniques and highlights new and emerging areas of obstetrical care, such as prenatal testing protocols, treatment options for HIV in pregnancy and antenatal monitoring. Key points for each topic are summarized in tabular form for quick reference and diagnostic flow charts illuminate all aspects of the decision-making process. Concise and clinically oriented, this book is designed to help primary and family medicine physicians improve the quality of women's health care.

Female Pelvic Medicine and Reconstructive Pelvic Surgery

This text includes sections on anatomy, normal and abnormal physiology, investigation techniques, inflammatory conditions and treatment options. The international panel of contributors is at the forefront of research in the field; the editors have assembled these contributors and topics that span the entire range of pelvic floor disorders in women. Throughout, the emphasis is on an evidence-based approach to the treatment of pelvic floor problems. Indispensable for gynecologists and urologists.

Sexually Transmitted Diseases

This practical guide covers the diagnosis and treatment of Sexually Transmitted Diseases (STDs) and other information critical to patient care in the new millennium. It provides the clinician with the ability to identify and manage Sexually Transmitted Infections (STIs), as well as obtain information about preventing their sequelae. Written by clinicians, this book is packed with evidence-based information steeped in years of practice.

Clinical Practice Guidelines for Midwifery & Women's Health

Clinical Practice Guidelines for Midwifery & Women's Health, Fifth Edition is an accessible and easy-to-use quick reference guide for midwives and women's healthcare providers. Completely updated and revised to reflect the changing clinical environment, it offers current evidence-based practice, updated approaches, and

opportunities for midwifery leadership in every practice setting. Also included are integrative, alternative, and complementary therapies. The Fifth Edition examines the transition to the use of ICD-10 codes, women's health policy and advocacy, risk assessment and decision-making in practice, and inspiring trust in midwifery care. New clinical practice guidelines include health promotion and primary care practice, such as promoting restorative sleep, optimizing oral health, promoting a healthy weight, and caring for the woman with a substance abuse disorder.

Female Pelvic Medicine and Reconstructive Surgery

A unique combination medical reference and full-color surgical atlas on female pelvic medicine and reconstructive surgery An essential clinical companion and an outstanding practical review, *Female Pelvic Medicine & Reconstructive Surgery* is the most comprehensive single-volume resource available on urogynecology. It delivers a solid introduction to this growing subspecialty and thoroughly covers its underlying principles with an emphasis on diagnostic techniques and management strategies. Authored by a team of international experts, the book is enhanced by hundreds of original full-color photographs and illustrations that provide step-by-step guidance on key surgical procedures. *Female Pelvic Medicine & Reconstructive Surgery* is logically divided into four sections: **Fundamental Topics**--Includes essentials such as epidemiology, anatomy of the pelvic floor, mechanisms of disease, and evaluation of the patient with pelvic floor dysfunction **Disease States**--Covers lower urinary tract dysfunction, functional anorectal disorders, pelvic organ prolapse, and other pelvic floor disorders **Clinical Management**--Details pessaries, physical therapy, behavioral therapy, the use of graft materials in reconstructive surgery, peri-operative and post-operative medical evaluation and care, and incorporating new treatments into clinical practice **Surgical Atlas**--Reviews surgical instrumentation and illustrates surgery for stress urinary incontinence, pelvic organ prolapse, fistula repair, anal incontinence, and covers the management of surgical complications

Practical Guide to Reproductive Medicine

This is a colour-illustrated, comprehensive clinical textbook and practical guide on reproductive medicine. It covers: the basic principles of reproductive medicine; male and female infertility; the disorders and diseases associated with sterility and infertility; the climacteric; hormone replacement therapy; paediatric and adolescent endocrinology; endometriosis; contraception; assisted reproduction; surgical procedures, including microsurgery; cryopreservation; surrogacy; and counselling.

Female Genitourinary and Pelvic Floor Reconstruction

This book provides a comprehensive guide to the latest techniques in female genitourinary and pelvic floor disorders. It features detailed insight into these conditions along with detailed descriptions of how treatment has changed in recent times for these disorders. The latest methodologies for pharmacological treatment, conservative therapy, surgical techniques, and how to avoid potential complications are discussed. Topics including relevant neurophysiology, measurement of urinary symptoms, pelvic organ prolapse and ureteral reconstruction are covered. *Female Genitourinary and Pelvic Floor Reconstruction* is a detailed resource detailing the latest developments in the field, making it an ideal resource for all clinicians who encounter these patients in their daily practice.

A Practical Guide to Office Gynecologic Procedures

This book describes and discusses the most commonly used office gynecologic procedures. The goal is to facilitate optimal management of our patients and their gynecologic problems. Written by the faculty, fellows and residents of the Stanford Department of Obstetrics and Gynecology who took great care to include the details for the performance of excellent office-based diagnosis and treatment, this book is an important tool for practitioners of our specialty. I extend my gratitude to Dr. Paul Blumenthal and my colleagues for this valuable effort and their commitment to outstanding patient care"--Provided by publisher

Practical Guide in Reproductive Surgery

Part of a new series on reproductive medicine, this book is a complete guide to reproductive surgery. Beginning with an overview of the role and techniques of diagnostic laparoscopy, the following chapters cover numerous surgical procedures for the management of infertility. The book presents the latest advances in the field and each chapter includes key points and references for further reading. Clinical photographs, diagrams and tables further enhance the comprehensive text. Other titles in the series include: Practical Guide in Infertility, Practical Guide in Assisted Reproductive Technology and Practical Guide in Andrology and Embryology. Key points Comprehensive guide to reproductive surgery techniques Part of new series on reproductive medicine Covers numerous procedures for management of infertility Chapters include key points and detailed references for further reading

Chronic Pelvic Pain and Dysfunction - E-Book

Edited by Leon Chaitow and Ruth Lovegrove, this clearly written and fully illustrated multi-contributor volume offers practical, comprehensive coverage of the subject area accompanied by a range of video clips. Covering all aspects of current diagnosis and management, this new book is suitable for physiotherapists, osteopathic physicians and osteopaths, medical pain specialists, urologists, urogynaecologists, chiropractors, manual therapists, acupuncturists, massage therapists and naturopaths worldwide. Offers practical, validated, and clinically relevant information to all practitioners and therapists working in the field Edited by two acknowledged experts in the field of pelvic pain to complement each other's approach and understanding of the disorders involved Carefully prepared by a global team of clinically active and research oriented contributors to provide helpful and clinically relevant information Abundant use of pull-out boxes, line artwork, photographs and tables facilitates ease of understanding Contains an abundance of clinical cases to ensure full understanding of the topics explored Focuses on the need for an integrated approach to patient care Includes an appendix based on recent European Guidelines regarding the nature of the condition(s) and of the multiple aetiological and therapeutic models associated with them Includes a bonus website presenting film clips of the manual therapy, biofeedback and rehabilitation techniques involved
<http://booksite.elsevier.com/9780702035326/>

Keeping Control

It has been estimated that between the ages of 30 and 50 up to 40% of people suffer from some degree of incontinence at some time. Women accept that it can occur following childbirth, for example, and it becomes increasingly common in old age. In addition, there are cases where incontinence is due to spinal injury or associated with conditions such as diabetes, multiple sclerosis or stroke. But what is not known is that in many cases it can be avoided, alleviated or, in the latter case, effectively treated. The aim of this book is to raise awareness not only of women suffering with incontinence but also of those responsible for their care. All aspects will be dealt with, including its management and different treatments available. Written by an experienced medical writer in close collaboration with a team of highly skilled and experienced surgical and medical professionals, Female Incontinence is an essential handbook which will help women to realise that they no longer have to suffer in silence.

Evidence-Based Physical Therapy for the Pelvic Floor

Bridging the gap between evidence-based research and clinical practice, Physical Therapy for the Pelvic Floor has become an invaluable resource to practitioners treating patients with disorders of the pelvic floor. The second edition is now presented in a full colour, hardback format, encompassing the wealth of new research in this area which has emerged in recent years. Kari Bø and her team focus on the evidence, from basic studies (theories or rationales for treatment) and RCTs (appraisal of effectiveness) to the implications of these for clinical practice, while also covering pelvic floor dysfunction in specific groups, including men,

children, elite athletes, the elderly, pregnant women and those with neurological diseases. Crucially, recommendations on how to start, continue and progress treatment are also given with detailed treatment strategies around pelvic floor muscle training, biofeedback and electrical stimulation. aligns scientific research with clinical practice detailed treatment strategies innovative practice guidelines supported by a sound evidence base colour illustrations of pelvic floor anatomy and related neuroanatomy/ neurophysiology MRIs and ultrasounds showing normal and dysfunctional pelvic floor

A Practical Guide to Third Trimester of Pregnancy & Puerperium

A Practical Guide to Third Trimester of Pregnancy & Puerperium is a comprehensive resource for the management of the final stage of pregnancy and its complications. Complications covered include pre-term labour, pre-labour rupture of membranes, post-term pregnancy, placental adhesive disorders, and umbilical cord abnormalities. Enhanced by over 120 images and tables, providing quick reference information for obstetricians and gynaecologists.

100 Questions & Answers for Women Living with Cancer: A Practical Guide for Survivorship

There are approximately ten million people living with cancer, and more than half of them are women. Whether you're a newly diagnosed woman with cancer, a survivor, or a friend or relative of someone with cancer, this book offers help. The only text to provide both the patient's and doctor's views, this invaluable resource provides up-to-date, authoritative, practical answers to the most common questions asked by women with cancer and survivors, whether active or remissive.

Obstetric and Intrapartum Emergencies

Obstetric and Intrapartum Emergencies provides a comprehensive guide to treating perinatal emergencies before it is too late.

Female Pelvic Medicine and Reconstructive Pelvic Surgery

This text includes sections on anatomy, normal and abnormal physiology, investigation techniques, inflammatory conditions and treatment options. The international panel of contributors is at the forefront of research in the field; the editors have assembled these contributors and topics that span the entire range of pelvic floor disorders in women. Throughout, the emphasis is on an evidence-based approach to the treatment of pelvic floor problems. Indispensable for gynecologists and urologists.

Pessaries in Clinical Practice

This book provides a comprehensive review of the evidence concerning pessaries and the practicalities of using them. It is a valuable resource for health care practitioners treating patients with incontinence and prolapse. It includes a brief history of pessaries and provides profiles of the inventors of some of the more commonly used pessaries, along with a description of their original purposes. There are illustrations to guide selection, fitting and care, as well as providing materials which can be photocopied and handed out to patients. This work is an essential handbook for all urogynecologists, urologists, gynecologists, family physicians and specialty nurses.

A Practical Guide to First Trimester of Pregnancy

Guide to first trimester of pregnancy for obstetricians and gynaecologists. Covers management of numerous associated disorders including surgical procedures and anaesthesia.

Clinical Reproductive Medicine and Surgery

Clinical Reproductive Medicine and Surgery offers a succinct overview of both the medical and surgical management of reproductive disorders, as well as coverage of associated imaging modalities. The book includes chapters on major reproductive endocrinology and infertility issues such as polycystic ovary syndrome and amenorrhea, management of endometriosis and fibroids (including interventional radiology), imaging modalities such as ultrasonography and sonohysterography, preservation of fertility, and recurrent pregnancy loss. Residents, fellows, and practitioners interested in reproductive endocrinology and infertility will find this focused and practical text invaluable.

Community Midwifery

This practical guide provides an up-to-date and concise account of many obstetric and gynaecological conditions based on evidence-based medicine. The 50 topics covered include menstrual disorders, abnormal PAP smears, ovarian cysts, subfertility, vaginal discharge, contraception and hormonal replacement therapy, pregnancy and its complications as well as common obstetrics and gynaecology (O&G) investigations. The book includes the use of flow charts to simplify the description of investigations and treatments of the various common conditions in obstetrics and gynaecology. This is particularly useful for doctors in the primary healthcare setting in their day-to-day clinical practice. It also contains criteria for referral to OBGYN doctors. It will also serve as an essential guide for medical students and nursing staff and a handy summary for OBGYN specialists. Contents: Obstetrics: Pre-conception Preparation; Vaccination in Pregnancy; Post Abortion Care; Post-Natal Care; Investigations in Obstetrics: Routine Antenatal Blood Investigations and Screening for Thalassaemia; Pre-Eclampsia Blood Investigations; Antenatal Ultrasound Scans and Doppler Studies; Gynaecology: Amenorrhoea; Chronic Pelvic Pain; Uterine Fibroids; Sexually Transmitted Infection; Breast Cancer Screening; Investigations in Gynaecology: Ovarian Tumor Markers; Pregnancy Hormones; Gynaecological Scans; Basal Seminal Analysis; and other chapters. Key Features Up-to-date information presented as flow charts for ease of reference for general practitioners, medical students and nurses Latest evidence-based review of management of common O&G conditions Includes criteria for referral to OBGYN doctors Readership: General practitioners, medical students, nurses as well as OBGYN specialists.

Practical Obstetrics and Gynaecology Handbook for the General Practitioner

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